Muintearas losa sa Bhaile

Wednesday 20 May 2020

KEEP THE HOME FIRES BURNING





Hello everyone, I hope you all all healthy and well today. It's been so good to see so many faces at Night Prayer on Thursdays at 9pm a. People really seem to be enjoying it which is great. If you are interested in attending please let me know and I'll send you the Zoom link. I hope you will enjoy this week's resource sheet, I have some new puzzles for you today (Joanne!). As ever please let me know if you have any good news for me or if you come across any good ideas worth sharing! Email: aoife.walsh@limerickdiocese.org or Text: 0852527465. Stay Safe everyone x



HOW YOU CAN BE A PERSON OF WELCOME THIS WEEK

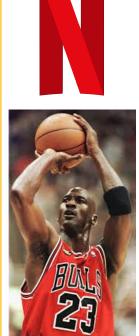


It has been announced that we will have to wear masks / face coverings on public transport and crowded indoor locations. I know I will struggle with because I love to smile at people! But then I got to thinking - maybe we could draw smiles on the front of our face-masks! Or we could write things on them like "Have a Nice Day!" "You look lovely" or other encouraging things! When it rains look for the rainbow!!

Most of us are now communicating through social media and it's lovely to see that the majority of people are putting up positive messages and doing their best to keep spirits up. I know a lot of people use their social media to raise their own profile which is why I want to take a moment to awknowledge and thank all of you who have sent me videos to use. Thank you so much for sharing your talent with us and for putting yourself out there. It's not an easy thing to do. so thank you from all your Mİ family x

Foghlaim 🖖





This week's recommendation on Netflix is "The Last Dance". I've been watching it with Tommy who loves Basketball but I've really been enjoying it too (even though I still don't understand all the rules! Shhh! Don't tell Tommy!) It's great to watch though and it gives such an insight into the dedication and commitment needed to become the very best at something. It also highlights some of the pitfalls that come with success, and of course it's got MJ dunking left right and centre! If you like sports of any kind I think you'll enjoy this!

If you're looking for some new music to learn or just want to listen to something uplifting then check out these songs and artists on You Tube.

Kodaline - Saving Grace

We in the MI fam are huge fans of Kodaline and this song has a lovley video which was put together from footage sent to them by people on lock down. A lovely message and a really catchy song too!





King and Country - Together

Thank you Sr Rose Miriam for introducing me to For King and Country, in particular this song "Together" which has a video focusing on the current situation and is a real anthem of hope.

Walking Miracles - Matthew West

Chris O'Donnell sent me this song but didn't really prepare me for the video on You Tube which tells the story of a boy called William #bawling #haveatissuehandy







In the name of the Father...

Mother Teresa said God speaks in the silence of the heart, so we take a moment now to be silent as we begin to pray. (Sit quietly for a moment or two and just focus on your breath)

Sometimes we can tell ourselves that we don't matter, that we don't make any impact on the world around us, but because of you... Someone has a favourite mug to drink their tea out of that YOU bought them. Someone hears a song on the radio and it reminds them of YOU. Someone has read a book YOU recommended and gotten lost in it's pages. Someone has remembered a joke that YOU told them and smiled to themselves on the bus.

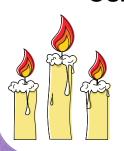
Never think YOU don't have an impact. YOUR fingerprints can't be wiped away from the little marks of kindness that you've left behind.

Teresa of Avila said "Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world." Help us to remember this Lord, so that we can do our best to bring your compassion, understanding and love to the people around us.

Lord, In a world where we can be anything may we always be kind.

Take a moment to think of those people who have been kind to you and those who may need some kindness in their lives.

Our Father... Hail Mary... Glory Be...

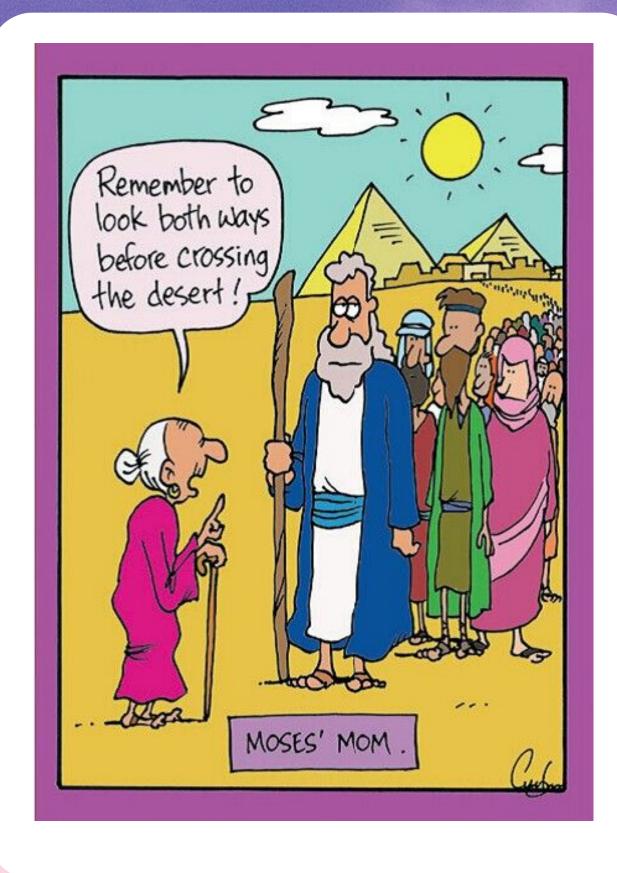


Our prayer has ended; In the name of the Father..



Muintearas Íosa sa Bhaile Puzzle Page!

KEEP THE HOME FIRES BURNING



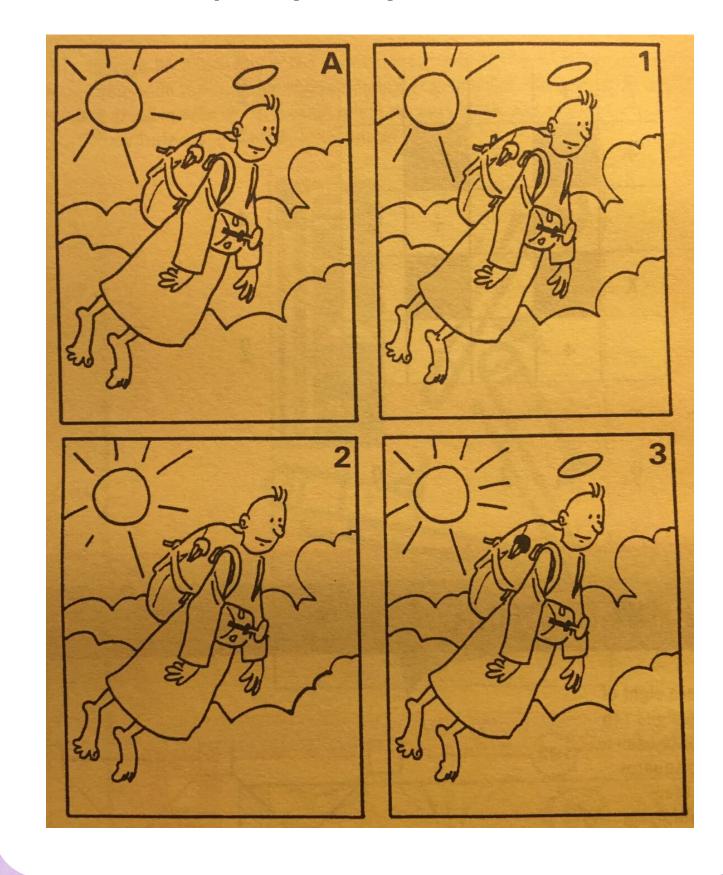
LOGI-5 - Can you place the A, B, C, D, E, one to each square so that every line across and down contains each letter once and every shape made from five squares also has each letter once.

-			Α	
		В		
	С			
		D		
	Ε			

Move as few numbers as possible so that both columns have the same total!

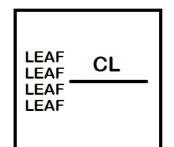
2
1
3
6

TAKE THREE - The numbered pictures differ from picture A in three unique ways. Can you find these differences?



Dingbats

What common phrase or word(s) do you see visually represented h ere?





JANOB

3(i+1) <2i+ 3(u+1) Fan Sa Bhaile

