



Novena to the Holy Spirit: Day 1



And Jesus said, “I will send you the Paraclete”

The unusual word “Paraclete” means One who comes along side to help you, keep you balanced, make sure you don’t fall and consoles you. We know that the night before he died, five times Jesus promised he would send the Holy Spirit, “The Paraclete” to help his followers.

St Cyril of Jerusalem wrote: “The Spirit comes with the tenderness of a true friend and protector to save, to heal, to teach, to counsel, to strengthen, to console”.

Experience

Chiara Luce Badano is a young Italian saint who died in 1990 and was beatified in 2010. At 16 this fun-loving young person, into music and sport was diagnosed with an aggressive form of cancer. She kept on living the Gospel. When faced with any setback, difficulty or irritation, she had a motto, “If you want it, Jesus, I want it”. She was a person so full of love that people felt they could see the light of the Holy Spirit in her eyes. Chiara spent her final hours surrounded by her family and friends who prayed with her, “Come Holy Spirit, Come.” Her last words were: “Be happy, because I am.”

Action. Let the Spirit work through you today by reaching out to help others who are in difficulty.

Request. In silence make your petition request for this novena

Novena Prayer: Come Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love. Send forth your Spirit and we shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord. Amen.

